



ISC Gunners FC – Concussion Protocol

Purpose: To provide coaches and staff guidance when encountering a possible concussion situation with a player

Guidance: if you have any suspicion at all a concussion MAY have occurred please sit the player out for the rest of practice or game until properly diagnosed by a qualified person. Do not make this assumption yourself and err on the side of caution. You must notify the player and their parent/guardian of the situation as soon as reasonably possible. At that point, the player must visit a professional medical provider for proper testing and clearance to play. They may not be allowed to play until officially cleared by a medical professional.

Baseline Testing: We also ask that players 12+ have a concussion baseline test done at least once a year. This is done at Swedish Hospital in Issaquah and only takes a few minutes. [Click here](#) to read more.

Resources: We utilize training from Swedish Sports Medicine to stay up to date with the latest information and training. More information can be found below. We also utilize information that is provided by the NCAA.

- [Swedish Sports Medicine](#)
- [NCAA concussion guidelines](#)